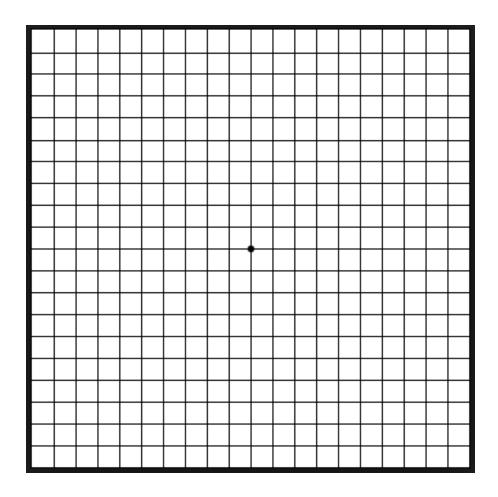


Sidney Gicheru, M.D. Hien Nguyen-Ngo, M.D. Mujahid Hines, M.D.

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Amsler Grid Card:

Amsler grid testing should be performed once per day. While wearing your reading glasses, hold the Amsler grid at a normal reading distance. Cover one eye and look at the dot in the center of the grid. Ask yourself the following questions:



1) Am I able to see the corners and sides of the square? 2) Are there any wavy lines? 3) Are there any holes or missing areas?

Test the other eye in a similar manner. If there are any changes noted, please call our office at 214-574-9600.